



Individual Profile Completed with Family

Name _____ Date _____

Completed with _____ Relationship _____

Description of my participation: _____

This Profile, along with other information provided by your family, will help guide your By Their Side Advocate when services begin. Your Advocate will help you get the things you want and need. Please help us get to know you by answering these questions with your family's help. Family insights are appreciated. There are many questions, so you may wish to talk about this a little at a time.

About Me

How do people who know you well describe you? (your personality)

Things people like about me

My talents and other things I am good at

What I *must* have in my life to be happy

My religious preferences are

My closest friends and how to contact them

To maintain my friendships, I need help to

I like to celebrate my birthday by

Gifts I enjoy/things I like to buy

I particularly like

I particularly dislike

Types of clothes I like to wear

My favorite foods are

About My Family

My favorite relatives, near and far, and how to contact them

My favorite holiday traditions and foods

Other family traditions I like

Favorite family stories I like to hear about

Location of my family's burial plot, if I would like to visit one day

My Home

If I move one day, my new home should have

At home I like to relax by

I need help with

To be safe at home I need

I help around the house by

For me, the important parts of my routine at home are

My Job/Daytime Activity

On weekdays I go to

My favorite things to do there are

What I don't like about it is

When I am there, I need help with

Other work/volunteer/day experiences I would like to try

In the future I hope to

My Community

Places I like to go/activities I enjoy

Community friends who assist me, and how to contact them (neighbor, place of worship, clubs, etc)

One day I would like to try

To be safe in the community, I need

Past vacations I have enjoyed; new ones I would like to try

People who Support Me Should Know

I like helpers who

If you help me with personal care, I prefer

I let you know I am in pain or feel sick by

I do best when

If I am unhappy, it helps if

Important past events that people who help me should know about

My Advocate Should Know

My future hopes and dreams (for home, work, and a great life)

My family's hopes for my future

Things my Advocate should monitor for me

because

Things my Advocate should monitor for me	because

**Please completed Profile to
By Their Side**